

- SCHOOL TERM DATES**
- Monday 28th October - Half Term •
 - Monday 4th November— Non pupil Day
 - Tuesday 5th November— Back to School
 - Monday 23rd December—Start of School holidays
 - Monday 6th January—Non pupil Day
 - Tuesday 7th January— return to School
 - Monday 17th February - Half term
 - Monday 24th February - Return to School
 - Monday 7th April -Easter Holidays
 - Tuesday 22nd April—Return to School
 - Friday 23rd May—Non Pupil Day
 - Monday 26th May—Half Term
 - Monday 2nd June—Return to School
 - Wednesday 23rd July— School Holidays



Silver End Academy

Grow ♦ Flourish ♦ Succeed

16TH OCTOBER 2024

A Message from Head of School

Dear Parents and Carers

Last week we celebrated National Hello Yellow Day by asking the children to wear something yellow and take part in some mindfulness activities. I would like to take a moment to reflect on the importance of supporting the mental health and well-being of our young people. This day, dedicated to raising awareness about mental health in schools, serves as a powerful reminder that mental health matters just as much as physical health.



At Silver End Academy, we are committed to creating an environment where every child feels valued, supported, and safe to express their emotions. We recognize that students may face a variety of challenges—whether related to schoolwork, friendships, or personal experiences—and we are here to help them develop the tools they need to navigate those challenges. Our staff work diligently to provide emotional support, and we encourage open conversations about mental health in a way that is both compassionate and empowering.

By taking part in Hello Yellow Day, we not only aim to show solidarity with those who may be struggling, but we also reaffirm our commitment as a school to prioritize well-being. I would like to thank everyone—students, staff, and parents—for contributing to a culture of kindness, understanding, and resilience.

Thank you to those parents who also attended our coffee morning. The presentation by the Mental Health Support Team was fantastic and again shows that together, we will continue to make mental health a key part of our school's support system. If you or your child ever need additional support, please know that we are here for you, and there are resources available.

Thank you, for your ongoing partnership in promoting the well-being of our school community.

Mrs Wightman



The '48 hour rule'

Please be reminded it is recommended that any child with diarrhoea and/or vomiting symptoms must stay away from the school or early years setting until they have been free of symptoms for **48 hours** (the '48 hour rule') and feel well enough to return.

Please be aware that children are not to be running around the staff car park before the gate has opened in the morning.

Please do not enter the school grounds until the gates are about to open.



Thank you to everyone who donated and took part in "Hello Yellow" for World Mental Health Day, we raised an amazing £168.18.



On Friday 11th October we held a coffee morning introducing the MHST—Mental Health Support Team.

Thank you to the 15 Families that attended!



The Essex Child and Family Wellbeing Service are contracted to deliver the National Child Measurement Programme to all Reception and Year 6 children from the start of the school year in September 2024.

Our checks will be on Tuesday 19th November . Reception children will be having their vision checked and Year 6 will be having their height and weight checked.





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Parent Tour Dates

Was your child born between September 2020 and August 2021 and is now due to start school in September 2025?

Come and take a look around our school by visiting us on one of our tour dates:

- Tuesday 15th October at 9am
- Friday 18th October at 9am
- Wednesday 13th November at 2pm
- Wednesday 27th November at 5pm

Please call the school office on 01376 583353 to book a space or by emailing adminsil@inspiresmat.co.uk

As you may be aware, the primary school (Reception) admission round opens on **Monday 4 November 2024**, for parents of children to apply for a Reception school place for the academic year that starts in September 2025. The closing date for applications is **15 January 2025**. Even if you already have a sibling at our school, you still need to apply if you have a child due to start Reception next September 2025.

You can apply online for your child's reception place via www.essex.gov.uk/admissions. All of the application information is available on the website.

Please see the attached poster if you would like to book a tour.

Wrap Around Care

Our Hang Out Club will run between 3 & 5.30pm Monday—Thursday. It is currently £8 for 3-5pm and £12 until 5.30pm. **To book please do so via ParentMail the week before you require the service.**

Breakfast Club

Monday-Friday 7.40 - 8.30am

Breakfast Club runs every morning (term time) throughout the year and is open to all pupils at Silver End Academy. The cost per day is £3.50, payable on the day or in advance. The purpose of the Breakfast Club is to provide the opportunity for children to eat breakfast within a safe and friendly environment

Congratulations to Mrs Taylor and Mrs Wightman

Mrs Taylor and Mrs Wightman both achieved their goal of walking and running 100 kilometers in September. This is a super achievement for them both. They were raising money for Sands, a charity which supports families affected by baby loss and Great Ormond Street. Well done ladies!



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ONLINE FROM
SCHOOL
TRENDS AND
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ONLINE
USING THESE
LINKS.**

www.schooltrendsonline.com/uniform/SilverEndPrimarySchoolCM83RZ

www.personalise-uk.co.uk/products/school-shop

Uniform

Dress

It is the expectation of the school that all children who attend the school, wear the correct uniform.

Boys and girls are welcome to wear:

- ◆ Plain grey or black trousers, tailored shorts, tunic dress or skirt
- ◆ Red gingham dresses for Summer uniform
- ◆ Plain white or grey shirt/polo shirt
- ◆ Maroon sweatshirt/jumper, with or without the school logo
- ◆ Plain black, grey, maroon or white socks
- ◆ Plain black trainers with black soles or black school shoes



P.E. Outfits

- ◆ Plain white T-shirt/polo shirt [no logos]
- ◆ Plain black shorts [no logos or stripes]
- ◆ Plain black plimsolls or plain black trainers
- ◆ Plain Tracksuit for outdoor activities – Black, navy or dark grey with no logos



Jewellery & Hair

The only jewellery permitted is a watch and plain ear studs which your child must be able to remove for PE lessons. If they are unable to do so, please leave earrings out for PE days.

No earrings or jewellery whatsoever may be worn during P.E. or Games sessions. (Should your child be having their ears pierced please consider having this done at the start of the summer holidays so that they do not miss P.E. or swimming lessons).

Hair should be neat and tidy. Extreme or “Attention seeking” styles or adornments such as extra large bows are not suitable.

Menu for week commencing 14/10/2024

Silver End Academy

Monday

Pepperoni Pizza

Served with salad and coleslaw

Cheese and Tomato Pizza

Served with salad and coleslaw

Jacket Potato with a choice of toppings

Tuesday

Minced Beef Chilli & Nachos

served with wholemeal rice and sweetcorn

Cheese whirl – V

served with wholemeal rice and sweetcorn

Jacket Potato with a choice of toppings

Wednesday

Roast Chicken

served with roast potatoes, carrots and fine green beans

Quorn Sausage - V

served with roast potatoes, carrots and fine green beans

Jacket Potato with a choice of toppings

Thursday

Sausage with Pasta in Tomato Sauce

served with garlic bread and broccoli

Quorn Chilli - V

Served with Garlic Bread and Salad Bar

Jacket Potato with a choice of toppings

Friday

Jumbo Fish Fingers

served with crispy chips and petit pois.

Quorn Dippers - V

served with crispy chips and petit pois.

Sweet Treat Friday – Iced sponge cake

Jacket Potato with a choice of toppings

Available Everyday
A healthy salad bar, fresh fruit, yoghurt and bread

Week 1

Menu

Fresh
All our food is cooked fresh each day.

Healthy
Our pasta, rice and breads are healthy wholemeal products.

Checked
We always use reputable suppliers and where possible use local produce.



Menu for week commencing 21/10/2024

Silver End Academy

Monday

Pasta Bar with a Choice of Sauce Toppings

Pepperoni, cheese or tomato sauce available
Served with salad bar

Jacket Potato with a choice of toppings

Tuesday

Turkey Pizza Swirl

served with salad bar

Halloumi Burger - V

served with salad bar

Jacket Potato with a choice of toppings

Wednesday

Roast Pork

served with roast potatoes, carrots and cauliflower

Roast Quorn fillet - V

served with roast potatoes, carrots and cauliflower

Jacket Potato with a choice of toppings

Thursday

Brunch Lunch

Sausage, bacon, hash brown, baked beans and egg

Brunch Lunch - v

Two Quorn sausages, hash brown, baked beans and egg

Jacket potato with a choice of toppings

Friday

Salmon Fish Fingers

served with crispy chips, baked beans & sweetcorn

Vegetable nuggets -V

served with crispy chips, baked beans & sweetcorn

Jacket Potato with a choice of toppings

Sweet Treat Friday –Fruit Jelly

Available Everyday

A healthy salad bar, fresh fruit, yoghurt and bread

Week 2



Fresh
All our food is cooked fresh each day.

Healthy
Our pasta, rice and breads are healthy wholemeal products.

Checked
We always use reputable suppliers and where possible use local produce.



Menu



Connected Learning Term and Holiday Dates Academic Year 2024-2025

September 2024							October 2024							November 2024							December 2024						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
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2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
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30																			30	31							
January 2025							February 2025							March 2025							April 2025						
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May 2025							June 2025							July 2025							August 2025						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
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							30																				

<div style="border: 1px solid black; width: 20px; height: 10px; margin: 0 auto;"></div> = Schooldays	<div style="border: 1px solid black; width: 20px; height: 10px; background-color: #f4a460; margin: 0 auto;"></div> = School holidays	<div style="border: 1px solid black; width: 20px; height: 10px; background-color: #333; margin: 0 auto;"></div> = Bank holidays	
<div style="border: 1px solid black; width: 20px; height: 10px; background-color: #ccc; margin: 0 auto;"></div> = Weekends	<div style="border: 1px solid black; width: 20px; height: 10px; background-color: #ffff00; margin: 0 auto;"></div> = Inset Days		

In addition, schools allocate five non-pupil days out of the school days indicated, or the equivalent in disaggregated twilight sessions.

Autumn Term:	Monday 2 September 2024 – Friday 20 December 2024 <i>Half Term 28 October – 1 November</i>	75 days
Spring Term:	Monday 6 January 2025 – Friday 4 April 2025 <i>Half Term 17 February - 21 February</i>	60 days
Summer Term:	Tuesday 22 April 2025 – Tuesday 22 July 2025 <i>Half Term 26 May – 30 May, and May Bank Holiday - 5 May</i>	60 days
		195 days

Please note:

The above dates may vary for individual schools, especially Foundation, Voluntary Aided schools and Academies.

You are strongly advised to check with your child's school before making any holiday or other commitments.