

Silver End Academy

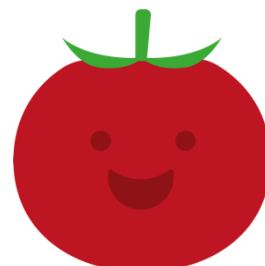
Week 1

Monday

Pasta Bar

With a choice of Sauces,
Pepperoni, Cheese or Tomato - V

Jacket Potato with a choice of toppings



Tuesday

Chicken Curry

served with Rice, Naan Bread and Salad

Veggie Bolognese - V

served with Pasta mixed leaf salad

Jacket Potato with a choice of toppings



Wednesday

Roast Turkey

served with Roast potatoes, cauliflower, carrot and Gravy

Roast Quorn Fillet - V

served with Roast potatoes, cauliflower, carrot and Gravy

Jacket Potato with a choice of toppings

Fresh
All our food is cooked
fresh each day

Thursday

Homemade Bolognaise

Served with Pasta, Garlic Bread and Salad

Quorn Chilli

Served with Rice and Salad

Jacket Potato with a choice of toppings

Healthy
Our pasta, rice and
breads are healthy
wholemeal products

Friday

Fillet of Fish

served with crispy chips and petit pois

Quorn Dippers - V

served with crispy chips and petit pois

Jacket Potato with a choice of toppings

Sweet Treat Friday

Kitchens Choice

Checked
We always use
reputable suppliers
and where possible
use local produce

Available everyday

A healthy salad bar, fresh fruit and yoghurt, water and milk



Silver End Academy

Monday

Homemade Pizza with a choice of toppings

Pepperoni or Cheese and tomato – V

Served with Salad

Jacket Potato with a choice of toppings

Tuesday

BBQ Breaded Chicken

served with potato wedges and corn on the cob

Cheese and onion Flan - V

served with potato wedges and corn on the cob

Jacket Potato with a choice of toppings

Wednesday

Picnic Day

A choice of Ham, Cheese - V or Tuna in a Baguette served with crunchy vegetable sticks, Crisps, Raisins, choice of Fruit and Choice of drink

Thursday

Brunch Lunch

Sausage, Bacon, Hash Brown Bites, Baked Beans and Egg

Vegetable Frittata

Served with Hash Brown Bites and Baked Beans

Jacket Potato with a choice of toppings

Friday

Jumbo Fish Fingers

served with Crispy Chips, peas and Baked Beans

Halloumi Wraps

Served with Crispy Chips Peas

Jacket Potato with a choice of toppings

Sweet Treat Friday

Kitchens Choice

Week 2



Fresh
All our food is cooked
fresh each day

Healthy
Our pasta, rice and
breads are healthy
wholemeal
products

Checked
We always use
reputable suppliers
and where possible
use local produce



Available everyday

A healthy salad bar, fresh fruit, and yoghurt, water and milk

Silver End Academy

Week 3

Monday

Pork Meatballs in Tomato Sauce

Served with Pasta and Salad

Veggie Balls in Tomato Sauce

Served with Pasta and Salad

Jacket Potato with a choice of toppings



Tuesday

Homemade Sausage Rolls

served with diced potatoes and sweetcorn

Creamy Sweet Potato Curry

served with fluffy rice and salad

Jacket Potato with a choice of toppings



Wednesday

Roast Gammon

served with roast potatoes, Carrots and Broccoli

Cheesy BBQ Quorn Style Fillet

served with crushed Roast Potatoes, Carrots and Broccoli

Jacket Potato with a choice of toppings

Fresh
All our food is
cooked fresh
each day

Thursday

Sticky Chicken

served with baked jacket wedges and corn on the cob

Roasted Vegetable Tart

served with baked jacket wedges and corn on the cob

Jacket Potato with a choice of toppings

Healthy
Our pasta, rice and
breads are healthy
wholemeal products

Friday

Fish Fingers

served with crispy chips and peas and Baked Beans

Halloumi Burger

served with crispy chips, baked beans and peas

Jacket potato with a choice of toppings

Checked
We always use
reputable suppliers
and where possible
use local produce

Sweet Treat Friday

Kitchens Choice

Available everyday

A healthy salad bar, fresh fruit, and yoghurt, water and milk

